

New for the Menu for 2014-2015

Just a quick reminder of the final changes to the breakfast and lunch programs, except at Baker High School, since the school no longer participates in the National School Lunch Program. The following changes are in effect this school year due to new federal requirements:

- *All grains are now whole-grain rich;
- *Lower sodium standards are in place;
- *Larger portions (1 cup) of fruit/vegetable offered at breakfast; and
- *Students must take fruit or vegetable at breakfast (1/2 cup minimum for a reimbursable meal).

There are also new standards in place for all competitive foods sold in schools (“Smart Snacks”). All foods sold in schools during the school day, including those sold at vending machines, school stores, and a la carte items sold during meal times now have specific calorie, sodium, fat, saturated fat, trans fat, and sugar requirements. Beverages will also have specific requirements with regard to content, calories, portion size and caffeine. Foods and beverages that do not meet these standards cannot be sold during the school day. Food and beverages are exempt from these standards during approved fundraisers.