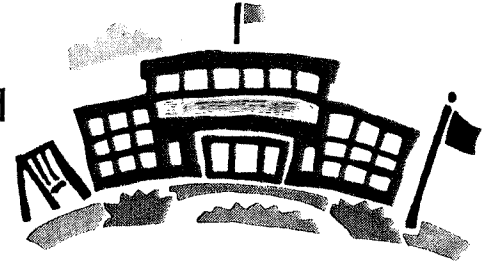


Do Not Come To School When You Are Sick

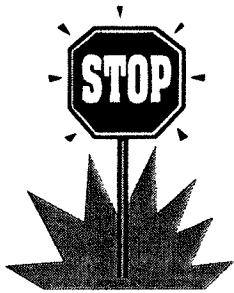
Stay At Home When You Are Sick

When you are sick with the flu, stay at home from school so you can get better and so that you do not spread germs that may make others sick.



Stop The Spread Of Germs

Flu usually spreads from person-to-person when an infected person coughs or sneezes. It's important when you cough or sneeze that you:



- Cover your mouth and nose.
- Use tissues, throw them away, then wash your hands.
- Try not to touch your eyes, nose or mouth because this can spread germs.

Wash Your Hands

Always wash your hands with soap and hot water, or use a waterless hand cleaner after you:

- Blow your nose
- Use the bathroom
- Before and after you eat
- Have been near someone who is sick.



**When You Are Sick
There's No Place Like Home !**

