Study Skills & Organization

Tips & Strategies to Help Students Succeed

Please find the blue handouts in your folder
HELLO!
Sally Aitchison
School Psychologist
Lindsay Cesari
Librarian
Tonight's Agenda

✘ Learning Styles Inventory
✘ Study Skills Strategies For Each Style
✘ Organizational Tips for All

Goal: Understand that all kids learn differently, and strategies can be tailored to meet individual needs. Learn organizational tips.
Learning Styles Inventory

How do YOU learn best?
Learning Styles

Visual
- Written Directions
- Pictures & demos
- Spoken directions
- Lectures

Auditory
- Listeners
- Class discussions
- Written directions
- Reading body language & facial expressions

Kinesthetic
- Hands on
- Pictures & diagrams
- Sitting still
- Organization
Study Tips

Visual Learners

✖ Use flash cards
✖ Watch YouTube videos on subject
Study Tips

Auditory Learners

✘ Read notes out loud
✘ Talk about what you learned in a study group
Study Tips

Kinesthetic Learners

- Come up with examples to illustrate concepts
- Take short, frequent breaks while studying
Apps to Help The Brain Grow

- Luminosity
- Mind Games
- Fit Brains Trainer
- Left vs. Right
- n-back
Want to learn more?

Helping Students Remember
by Milton Dehn
Organization

Five tips for parents
1. Put their name on it
2. Install a locker shelf

Morning books

Afternoon books
3. “PACK” their bag

**Purge** – Dump bag, throw out garbage, remove stuff that’s not needed

**Accessorize** – Add luggage tag, carabiners, etc.

**Categorize** – Sort keep pile into categories, put in binders/folders

**Keep it up** – Aim for a weekly sort session with your kid (Sunday?)
4. Use clear sheet protectors instead of pocket folders
5. Using a planner

Subjects written in the same order as schedule

Binder clip

Post-it flags
Want to learn more?

The Organized Student
by Donna Goldberg