BALDWINSVILLE GIRLS VOLLEYBALL PRE-SEASON INFORMATIONAL MEETING
INTRODUCTIONS - COACHES

Mary Jo Cerqua
• Email: luvtovolleyit@yahoo.com  Cell: 315-427-3651

Danielle Sayler
• Email: danisayler3@gmail.com  Cell: 315-560-0911

Samantha Holdredge
• Email: samanthaholdredge@gmail.com  Cell: 585-709-6846

John Pallotta

Jessica Voltz
SUMMER VOLLEYBALL

Baldwinsville Girls Volleyball Day Camp - June 28th - June 30
- Modified Kids Camp - Grades 3rd - 7th - 8:00am - 10:00am - $66.00
- JV/Varsity Camp - Grades 8th - 12th - 10:15am - 2:45pm - $106.00

JV and Varsity Team Camp – July 26th - July 28th - Ryan Baker - Colgate Vball Coach
- 9:00am - 3:00pm - Grades 8th - 12th - $156.00

Please sign up for our JV and Varsity Team camp on our volleyball website.
https://www.beesvball.com/home and there is a link to camp sign ups.

Sharkey’s Beach Leagues! Sign up for Beach tournaments too.

Work out during the summer! Get a Trainer!

Play volleyball as much as you can, Wherever you can.
TRYOUT DATES/TIMES/PRACTICES

JV and Varsity tryouts begin Monday, August 23rd – Wednesday, August 25th - 3 day tryout

PLEASE GET SCHEDULE GALAXY -- GET THE APP ON YOUR PHONE -

Prior to start of school – August thru Labor Day

• Site: Either Ray MS or Baker HS (8:00am – Noon) again, if the date/time changes, you will be notified ASAP) We will email, send out text messages, put it up on our social media sites and our webpage.

*Labor Day Weekend – No practice on Monday, Labor Day
FALL REGISTRATION DATES

VARSITY AND JUNIOR VARSITY:
Family ID Registration Opens: July 24th, 2021

Here is a link to the Bville Athletics home page. Go to athletics and you will see a link to Family ID.

If you are new to Bville Athletics, you need to create a Family ID account and enter in all pertinent information INCLUDING a recent Physical for your child. If the physical is outdated, your daughter will NOT be eligible to practice.

Monitor your Family ID account to ensure your child is cleared.
GENERAL GUIDELINES TO FOLLOW FOR TRYOUTS!

• BE ON TIME! Athletes should arrive early, dressed, ready to play and help set up. Athletes should arrive 15-20 BEFORE the schedule practice time. 😊 If you are on time, you’re late.

• Each player will have a minimum of 3 days of tryouts.

• T-shirts, shorts/spandex, kneepads and volleyball shoes. Do not wear spaghetti strap tops or shirts exposing your midriff. Please wear appropriate size spandex as well. Also, do not wear jewelry for tryouts. 😊

• Skills: Approach to ball, hitting, ball control, defense, blocking, ball tracking, leadership on the court, serving consistently and under pressure and many more.

Please look over our Evaluation Rubric Here
You Tube Video Link - Karch Kiraly - Becoming a Learner - LINK HERE

Five things that you can control that require zero talent:
1. Be on time.
2. Play with GREAT effort.
3. Maintain good body language
4. Bring positive Energy/Attitude.
5. Be Coachable.
The Baldwinsville Girls Volleyball Team Handbook is included HERE.

Student Athletes are also governed by the Bville Athletic Code of Conduct. That can be found HERE.

Please be aware that the code of conduct also covers expected Spectator Behaviors as well as student athlete code of conduct.
ARE YOU HURT?

All injuries, no matter how minor, must be reported to your coach immediately.

Inhalers/Epi-pens (NEED FOR TRYOUTS If labeled on participation form in Family ID) Please label it and we put in medical kits

Report all head injuries (Concussion) to your coach/trainer ASAP

Must follow concussion protocol set by athletic trainers and our school district
Our program relies on our Booster club to provide additional opportunities for our athletes to grow in this sport.

**www.beesvball.com**

**Possible Fundraising opportunities:**
Replacing Ad Campaign with a Go Fund Me Page and FlipGive
Sharkey’s Tournament in August - Co Sponsored with Boys Volleyball
Raffle Drive – In season – after teams are made.
OnGoing Bottle Drive – River Mall Downer St. - Continue to bring back

**Varsity Tournament: Sat. Oct. 2nd** – *We will need ALL JV Players and families helping.*
**JV Tournament: Sat. Oct. 23rd** – *We will need ALL Varsity players and families helping.*
IMPORTANT POINTS:

1. SIGN UP ON FAMILY ID STARTING JULY 24th, 2021
2. GO TO OUR WEBSITE: HTTPS://WWW.BEESVBALL.COM/HOME
3. WE WILL SEND OUT REMINDERS VIA EMAIL AND OUR SOCIAL MEDIA SITES.
4. WORKOUTS/DRILLS AND SKILLS WILL BE SHARED ON OUR WEBSITE.
5. SUMMER CAMPS - Sign up ASAP
6. CHECK OUT OUR HANDBOOK, ATHLETIC CODE OF CONDUCT, WEBSITE, SOCIAL MEDIA SITES
7. PLAY VOLLEYBALL! SET UP PLAY DATES, PRACTICE BALL CONTROL DRILLS, PLAY BEACH VOLLEYBALL.

THANK YOU!