

## Onondaga County Health Department Bureau of Disease Control

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J. Ryan McMahon II, County Executive · Indu Gupta, MD, MPH, Commissioner of Health

9/17/2020

Dear Parent or Guardian,

This letter is to notify you that your child has been exposed to COVID-19. A representative of the Onondaga County Health Department will call you with additional details and to answer any questions you may have. We understand this can be difficult news to hear, so while you are waiting for that call we want to share some key information with you:

- Some individuals exposed to COVID-19 will also become ill with COVID-19 themselves. If this happens, it is typically within 14 days of exposure. Because of this, your child will be placed on a Mandatory Quarantine for 14 days from their exposure. You will be given exact dates during your call.
- Mandatory Quarantine means that your child cannot leave home during the dates listed above. They cannot attend school, receive care at a public childcare centers, or participate in activities outside of the home. You should have no additional visitors to your home during this time.
- If your child becomes ill during this time, please call your pediatrician. We recommend notifying your pediatrician as soon as possible that your child has been exposed to COVID-19, and asking them for any guidance specific to their health status.
- Mandatory Quarantine only applies to the exposed child, if you have other children or adults in the home, they may still participate in school, work and other activities outside of the home. They are not being quarantined.
- We recommend your exposed child be tested for COVID-19, you can find resources on local testing options at <u>https://covid19.ongov.net/</u>

Representatives from the school will provide you with details regarding your child's educational needs during quarantine. A representative from the Health Department will call you to discuss further details related to quarantine.

Thank you, Lísa GreenMílls 9/17/2020

Lisa GreenMills, RN, MPH Director of Disease Control Onondaga County Health Department