

Dear Parent/Guardian,

Dental certificates are *requested* of all new entrants and those in grades Pre K, K, 1, 3, 5, 7, 9, and 11.

## New York State Education Law *requires* physical examinations of children when they:

- Enter the school district for the first time (including Pre K and Kindergarten)
- Are in grades Pre K/K, 1, 3, 5, 7, 9, and 11
- Participate in interscholastic sports, yearly
- Need working papers
- Are referred by/to the Committee on Special Education
- Are in need of a physical to determine the child's education program

Childhood is a time of rapid growth and change. Physical exams <u>performed by your own doctor</u> are important for your child's good health. The check-up helps to identify medical issues early on, before any problems develop. It is also an excellent time for discussion of developmental and behavioral issues. Your medical provider will teach you what to expect next in your child's growth stages and will be an important part of helping you to manage their health.

## Physical exams are valid for the 12 months prior to the start of the school year.

## Please leave the appointment with a copy of the physical exam and forward to the school nurse directly afterward.

• Medical offices do not automatically forward a physical to the school.

If you are experiencing difficulty arranging a physical with your own provider, please contact the health office to review options.

If you have any questions or concerns, please do not hesitate to contact the school health office.